

Town workers

Sarah Ferguson

Fort Erie Times

Unionized Town of Fort Erie employees have voted in favour of a strike to back their wage demands. Interim chief administrative officer Torn Kuchyt said an agreement with the Town of Fort Erie and Members of the Canadian Union of Public Employees Local 714 expired on Dec. 31, 2013. Local 714 represents about 80 full-time and casual employees in roads, water and waste water.

parks facilities and office func-

The union gave its bargaining

team a mandate to withdraw

their services during a meeting last Thursday if a settlement could not be reached. No strike date has been set. The union and the Town have met seven times since Nov. 20 of last year, and the Town's latest wage offer was rejected by the The union has requested the Ministry of Labour to appoint a conciliation officer.

tions.

set to strike Ministry of Labour to appoint conciliation officer



End of door-todoor delivery Postal workers ask Town of Fort Erie to fight service



Explore Niagara Rusinessman Watter Deveau launches new app featuring Niagara



6-3 last Saturday





SARAH FERGUSON Fort Erie Times

Kuchyt said.

"We expect that a conciliation offer will be selected fairly quick," "We feel confident we can come to some resolution," he added.

A full-time employee with

the Town of Fort Erie earns health and benefits pension.

Fort Erie's Josie Penimpede celebrates her 40th anniversary working for Fate Salon and Spa on Jarvis St. this month. See Page 2 for \$26.50 per hour and is given a

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Postal workers ask Town of Fort Erie to oppose cutting door-to-door service

Sarah Ferguson

Fort Erie Times The Canadian Union of Post Works Local 536 is fighting for door-to-door mail delivery and has asked for the Town of Fort

Erie's help "We're here to talk about Canada Post's plan to take away door-to-door delivery and force people to use community mailboxes, also known as CMBS," union president Jennifer Young told council Monday night.

Young said the union represents thousands of mail carriers that oppose the decision Canada Post announced on Dec. 11 to eliminate door-todoor service over the payt five

years.
"We think Canada Post's plan is the wrong way to go and it will hurt the Town of Fort Erie

and their residents if it's implemented," she said. Young said CMBS are unattractive and have a disadvan-

tages such as a lack of safety and they are prone to theft, and CMBs will pose a danger to seniors during the winter months because of snow build-

"The wintertime is going to be especially dangerous, and in some cases, impossible for seniors and those with disabilities to retrieve their mail," Young

CMBs aren't always well lit, 25% of households receive mail which "exposes women and others to harm" and litter can be a "huge problem" because unwanted mail can be left on the ground, Young added.

"We recognize the post office is a federal responsibility. At the same time, municipalities also have a responsibility for postalrelated matters that impact on our neighbourhoods and in our

community," she said. Young said door-to-door delivery remains strong with 63% of households serviced by Canada Post nation-wide that receive home delivery, while 12% of people receive their mail through a postal box or general delivery at the post office. About to a community mailbox.

Young said Canada Post naid for a report that projected that the corporation would lose \$1 billion annually by 2020 based on Canada Post financial

"Based on that assumption, Canada Post would lose \$250 million in 2012," Young said. "But the corporation didn't

lose any money that year they actually made \$94 million in profits." Before making the decision to cut services. Young said Canada Post held private consultations in 46 communities with a number of groups such as businesses and chambers of commerces. These consultations didn't provide enough public input, she added.

Young told council "the first step" to fight for door-to-door service was for the union to gain support from Fort Erie.

Ward 3 Coun. Bob Steckley said the union should speak with the town's senior advisory and accessibility committees to gather their thoughts on the changes to Canada Post's change in services.

Ward 1 Coun. Stephen Passero suggested that the Bridgeburg Rueinece Assocation, the Ridgeway Business Association and the Crystal Beach Business Association be contacted to gather the community organization's input on the changes After the groups have been contacted for their input. Mayor

Doug Martin said a resolution to support the union will be brought forward to councils at a future council meeting. Young said she and mem-

bers of the union will reach out to the community for support for continuing service. "We're just starting to go out

into the community and we encourage people to sign a petition that will be left at various businesses in the community. she said. Young encourages people to

contact her at local536@hotmail.com. sarah.ferguson@sunmedia.ca

Local hairdresser celebrates 40 years of service in

Sarah Fernuson Fort Frie Times

Iosie Pennimpede can be

found in the same place every Thursday morning With curlers in her hand, Pennimpede works meticu-

lously to curl every strand of her client. Shirley Sawyer's Sawver is known as one of

Pennimpede's Friday Ladies, a group of women that come to Pennimpede to have their hair washed and tended to Pennimpede has been a hairdresser since she was 15 -years-old, and now the 62 year-old is celebrating her 40th anniversary working at

Fate Salon and Spa. "When I first started here, I never thought I'd be here for 40 years but I love it, and it's a great place to work," Pennimpede said.

Pennimpede can't recall the exact date but she began her 40-year career, but she knows she walked into Fate Salon and Spa, formerly known as Renos, in January, Born in Italy, Pennimpede grew up in Australia and came to Canada when she was 21 years-old.

"I came to Reno's on the second day that I was in Canada and he (Reno Salvatori) said he didn't need me." Pennimpede said. But as luck would have it, a

position eventually opened thehairsalon and Pennimpede started her long career. The hairdresser said she is

grateful for her clients and is thankful Salvatori gave her the position. Pennimpede has seen it all from the introduction of the blow dryer, the curling iron

and colour "A lot has changed. I remember when it first came out, we had to teach ourselves how to use the curling iron," she said.

To Pennimpede, "hair is always hair," but it's important that people learn to adapt to new tools.

"It's like anything. If I want to learn something, I can stand there and watch and learn from other people," she said

"I have found when technology has no place to go, it goes back in time and modernizes what was done in the past," she added. Having worked in the

industry for so long, Pennimpede said her favourite hairstyle is the teased full look that was popular in the added. late 1960s and early 1970s.

"I also still love the French twist with curls," she added. Vince Salvatori, owner of Fate, said Pennimpede is part of the family because she worked at the salon when it was owned by Salvatori's

"We're so grateful because she's been so loyal, dedicated and kind," he said. "Josie has been a big part of

father Reno

my life, and a big part of my dad's (Reno Salvatori) life," he sarah.ferguson@sunmedia.ca

Saturday, February 22, 2014 2:00pm, 4:30pm & 7:00pm

at Bowl-O-Rama 968 Niagara St., Welland Sunday, February 23 & Saturday

March 1, 2014

2:00pm, 4:30pm & 7:00pm at Carroll's Bowling 7 Klauck St., Fort Erie

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Welland ON LSC 574 Colherma Wainfeet

ving Welland, Pelham, Port and Greater Fort Erie









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Bowl for kids' sake

Big Brothers Big Sisters agencies in Niagara have announced a \$350,000 fundraising target across

The Tim Hortons Bowl for Kids Sake is the signature fundraising event for the agencies across the region, hosting bowling events in Welland, Niagara Falls, Fort Erie and St. Catharines during February and March, All funds raised from each community event sup-

ports local mentoring for kids in need of a Big Brother or Big Sister rela-

There are about 500 children waiting for Big Brothers Big Sisters programming across the region.

Welland. Catharines and Fort Erie the theme for bowling events will be luau. In Niagara Falls and Grimsby, there will be an Olympic theme. To find a





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Explore Niagara through new app

Launch party for app will be held at Bridgewater Country Club

Sarah Ferguson Fort Erie Times

Walter Deveau felt there

was a need for an app that

Bridgewater Athletic Club Starting February 3rd, every Monday,

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highlighted everything in the Niagara region.

Since November, the local businessman and owner of Tech Services Niagara, has been hard at work designing a free app that would feature everything from local news. restaurants, entertainment, and community events. It also lets users traveling to the U.S. know wait times at

border crossings. The new app Deveau designed will finally make its debut to the public on Feb. 6 at a launch party at Bridgewater Country Club from 5 p.m. to 9 p.m.

"There are a number of apps in Niagara and they encompass one or two aspects of a business or a group of businesses," Deveau

"With Explore Niagara, we're hand loading data of every single business in the Niagara region that we are able to find," he added.



SARAH FERGUSON Fort Frie Time Tech Services Niagara owner Walter Deveau is inviting the public to a launch party at the Bridge

See Page 5 Water Golf and Country Club for the launch of his new app, Explore Niagara.



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Users can access entertainment, directions, dining information

From Page 4

With the click of a but-"If you're coming to ton. Deveau said users with an Inhone, tablet or computer can download the

app and find almost every business out there. "You can call them with. get a map with driving directions and a link to their website," Deveau

The app is also a great tool for people who are planning on visiting Niagara, Deveau said,

Niagara, you can also find out about the news, the weather, what businesses are here and we also have two radio stations built into the app and we'll be adding more to it soon," Deveau added. "It's designed to be a way

said Deveau said his

app is one-of-aking because it encompasses a variety of information in one "No one has done this and it's a big project," he added. For more information about Explore

region instead of section by launch party, contact app@shopnlagara.ca or sarah.ferguson@sunmedia.ca section," Deveau

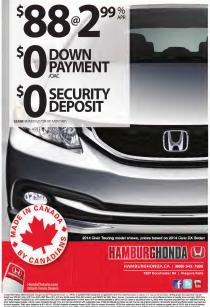
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An error was made on page 22 of the Fort Erie Times on January 23, 2014 regarding LIVESTRONG LS13.0T, Product number 84-0511-4. The advertisement reads Money Bonus 2000 Points, but no points are applicable on these products. We applicable for this error.

An error was made on page 22 of the Fort Erie Times on January 23, 2014 regarding Yoga Equipment, Assorted mats, gloves, socks and block, Product number 84-0061X. The advertisement reads Money Bonus 5X Points but no points are applicable on these products. We apologize for this error.





opinion page

Fort Erie Times

michael.cressman@sunmedia.ca

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Do You Remember?

Our thanks to Ruby Smith for identifying Claude Sider (top right) in last week's photo

of the model car builders. Claude was the science teacher at Rose Seaton School and later, the vice-principal at Fort Erie Elementary School. Ruby remembers that Claude earned the highest

marks of any teacher in Ontario when he graduated from Hamilton Teachers'

at the Stedmann Store on

The trophy he is present-ing to the oldest boy reads, "Stedmann Youth Interest Model Building", so we think this photo was probably taken

Jarvis St., Fort Erie. This week's photo shows a group of firefighters taken in

If you know their names or which station they were with please call the Fort Erie Historical Museum at 905-894-5322 or e-mail us at museum@forterie.on.ca.

letters to the editor

Mail service shouldn't be trimmed

Dear Editor

Canada Post's recent announcement that they are ending door-to-door delivery and eliminating 6000-8000 jobs shocked folks across the country. The announcement.

timed to coincide with Parliament's six week holiday break, left no space for debate in the House of Commons.

Despite their efforts, a dialogue is occurring and it is occurring in the homes, seniors' centres, schools and workplaces of the Canadian public.

It is inconceivable to us that such major cuts to our public postál service are being pursued without proper public consulta-

The public owns Canada Post. They have a right to

We know that Canada Post engaged in some consultations, but they were completely inadequate. The corporation held

invite-only meetings in less than 50 communities and conducted a largely online public consultation on its future, focusing on cuts. Canada Post is a vital communications link that helps connect the country

urban customers and slashing rural hours unfairly impacts seniors and people with disabilities.

Cash-strapped families, small businesses and charitable organizations will feel the drastic effects of increased postal rates during these already difficult financial times.

You cannot save a business by cutting service and raising prices. Canadian Union of Postal Workers has long been advocating exploring alternate strategies and expanding postal services.

The Treasury Board Secretariat describes Crown corporations as "instruments of public pol-

It appears that for this and eliminating home party, Crown corporations delivery for millions of are instruments of testing

new, bad policy.

The federal government intends to whittle Canada Post down until Canadians no longer see the point of the public service and will no longer oppose its priva-

It's a service that needs to reach everyone through home delivery in small, large, urban and rural communities. We are standing with all Canadians who rely on door-to-door delivery, but who were never even consulted about

doing away with it. Public services are meant to be public, not only for some people, some of the time, but for all Canadians, all of the time. Please stand with postal

workers in their defence of the postal service In the coming weeks,

members of Local 536 of the Fort Brie Post Office will be going out into the community to look for your

Please help in the fight to save your right for door-todoor delivery.

support

Jennifer Young President, CUPW Local 536

Reader: Too many people struggling in Fort Frie

Dear Editor.

The people of Fort Erie are struggling.

Too many heads of households have lost their jobs, in all the plant closures, the racetrack, local

businesses, -you name it. Councilors and town staff need to put themselves in the shoes of all those who have been hit by the loss of their jobs and start thinking of how they

can help bring those jobs Getting a raise; when hundreds of our tax payers are out of work: is not the right thing to do.

Miriela Mir Fort Erie

back

opinion page

Library offers free tax clinics and information



Income toy time is a

Income tax time is rapidly approaching!
Preparing income tax returns can be a daunting task, but the Fort Erie Public Library is here to

This year, the library once again partners with Canada Revenue's Community Volunteer Income Tax Program to offer assistance with individual income tax preparation, for people who are unable to prepare their tax return by themselves and who cannot pay for professional services.

Trained volunteers will meet individually with taxpayers, to aid them in completing their forms if their income is low and their tax

situation is simple.

These communityminded individuals have
taken Canada Revenue
training and are eager to
help residents of Greater

Income tax clinics will be held at the Crystal Ridge and Centennial branches of the Library during March

Disorders claims there's a

link between heart attack

and Apri

To book an appointment or to learn more about eligibility requirements, please call for information at either branch.

Appointments are necessary for all income tax

There is no charge for this service. If you plan to do your own taxes, you may want to pick up a personal tax planning guide. These are informative booklets provided by the organization of Certified General

Accountants.

There are free copies of the 2013-14 Ontario edition available at each library branch.

The library collection includes books of advice including Tackling the Taxman, Winning the Tax Game and The Taxman is watching: what every Canadian taxpayer needs to know and fear. If you prepare your own taxes, you may want to check

these out. A hold can be placed on any item at www. fepl.ca.

Check the website and mark your calendars with all the great events going

on at the library.
The Teen Lounge this
afternoon at the Centennial
branch, knitting lessons
tonight at the Crystal Ridge
branch, Magic Treehouse
Book Club at the Crystal
Ridge branch on Tuesday
and a Lego Club at
Stevensville on Wednesday
are just a few of the ways to
keep the winner blues away

at the library

calendar.

Born to Read for babies and their caregivers continues at the Centennial branch each Thursday afternoon, and Ready to Read on Tuesdays and Wednesdays fill out the

The crime thriller Counsellor is playing this evening at 6:30 p.m. at the Centennial branch, and will encore on Tuesday, Feb. 4 at the Crystal Ridge

Michael Fassbender, Penelope Cruz, Cameron Diaz and Javier Bardem star in this story of a lawyer who gets involved in drug trafficking. The Saturday 2 p.m. family film matinee is Free Birds, featuring the voice talents of Woody Harrelson and Owen Wilson as two birds who are teaming up to get turkey removed from holiday menus.

A Writers' Group for teens and adults will launch on Wednesday, Feb. 5 at 6:30 p.m. at the Centennial branch, and will continue the first Wednesday of each

Published author and library staffer Derek Clendening will offer tips and advice to aspiring writers. There is no charge for this continuing program.

Amy Roebuck is the community services coordinator for the Fort Erie Public

Is is possible that Vitamin C could stop an aging brain?



The Doctor's Game

anything about it?

A report in the journal

Dementia and Geriatric

and Alzheimer's disease.
The link is atherosclerosis
(hardening of arteries)
due to cholesterol.
Sir William Osler,
Professor of Medicine at

Professor of Medicine at both McGill and Johns Hopkins University, once remarked that "it's lucky to be born with good rubber." Namely, it's best to have flexible, open arteries that carry sufficient amounts of oxygenated blood to all the body's

"I want to die with my hoots on!" is an oft-heard expression.
But it poses a problem. Today, many are living the same trouble.

and dying not even knowing their boots are on. So does Alzheimer's Disease have to happen? Are cholesterol deposits in arterles starving our brain cells of oxygen? And can we do

blood cholesterol was associated with a 66% higher risk of Alzheimer's Disease.

Moreover, those with even borderline levels of blood cholesterol were 52% more likely to develop

this frightening disease.

The brains of people with Alzheimer's Disease contain lumps of what's called amyloid plaques. These cause nerve cell death in the brain, and the first to be attacked are the nerves in the brain's memory center.

Researchers at Lund University in Sweden discovered that when they treated the brain tissue of mice suffering from AD with vitamin C, the amyloid plaques dissolved.

What causes Alzheimer's Disease and how to treat this crippling disorder is still unknown. But I'd agree with Osler that open, flexible arteries are the prerequisite to good health. And vitamin C, a powerful antioxidant, is known to rid the body of free radicals, the end prod-

ucts of metabolism. But what is the relation-

ship between the heart and Alzheimer's Disease? We know that coronary arteries, clogged with cholesterol deposits, make heart attack the number one killer.

We also know now someting we did not know until a few years ago, that high concentrations of vitamin C and lysine can reverse atherosclerosis lesions in coronary arteries. This is a discovery of unparalleled proportions and photographic evidence proves it happens.

Dr. Alvaro Alonso, Assistant Professor of Epidemiology at the University of Minnesota's School of Public Health, reports that post-mortem studies reveal that the brains of patients suffering from dementia often show damage to small arteries

These arteries may have triggered small strokes that eventually lead to brain damage.

The last thing we need as we age is intracranial atherosclerosis that triggers small areas of brain damage. So is vitamin C able to prevent it?

Other studies I found in medical literature claimed that vitamin C was either controversial or had been shown to be ineffective in treating Alzhelmer's Disease. But these studies had one monumental fault. Researchers were using no more than 500 milligrams (mgs) of vitamin C daily, a totally ineffective dose.

These results reminded me of the Harvard study that claimed vitamin C had no effect on coronary disease.

How could that be? They were using only 75 mgs of C! As Linus Pauling used to tell his critics, "It's the dosage, stupid".

I do not possess a crystal ball, nor am I related to the Almighty. But since a product called Medi-C Plus contains a high concentration of vitamin C and lysine and studies show it can prevent and reverse cholesterol blockages in coronary arteries.

good sense should tell us it can also do the same to arteries in the brain. But hell will freeze over before an expensive study using high amounts of C and lysine is done.

These natural ingredients cannot be patented so who would pay for It? In the meantime, those who are already taking high doses of C and lysine to help prevent heart attack, will hopefully get the added benefit of decreasing the risk of developing Alzheimer's Disease.

High doses of C and lysine can be obtained in health food stores See the web site www.

health food stores See the web site www. docgiff.com For comments info @docgiff.com

Local business leaders learn to manage stress at workshop

Sarah Fernuson Fort Erie Times

Chronic headaches, mood swings, sleeplessness and

weight loss may be signs of stress in the workplace.

To help manage stress in the workplace, the Greater Fort Erie Chamber of Commerce held its first educational seminar of the year

on Jan. 15 which dealt with

Sherry Campbell, a registered social worker and owner of the Sherry Campbell Group, a Niagarabased counselling and

coaching group, shared with local business owners and employees how to manage stress in the workplace.

"Workplace stress contin-ues to be a problem,"

Campbell said.

"Stress is a major problem because it's difficult juggling time, energy, a social life and your life at work."

people becoming unhappy and less efficient. "Mother Nature gives us the head's up when stress is involved because it can lead to a lack of motivation, sleep problems, headaches and stomach aches," she said. There are several ways to reduce stress in the workplace, according to

"We need to recognize that we're all wired to react in certain ways. All of those ways are different and some

may be exaggerated." Campbell recommends opening the lines of com-

on Jan 15

munication with co-workers. When faced with a problem in the workforce. Campbell said to contact Campbell said stress in the person directly, have a the workplace can result in mediator if needed, don't

make it too personal and remember there is a proper time and place for confrontation, and remember to communicate regularly with co-workers. "It's a given that we'll face

adversity and we have no choice." Campbell said. What people do have a choice about in terms of stress is how they react in the workplace, she added.

sarah.ferguson@sunmedia.ca

SARAH FERGUSON Fort Erie Times Sherry Campbell taught a group of about 30 business professional in Fort Erie how to manage stress in the workplace at a workshop hosted by the Greater Fort Erie Chamber of Commerce



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International Women's Day Luncheon

The Greater Fort Erie Chamber of Commerce is hosting its annual International Women's Day networking luncheon on

The event will feature vendors, a buffet lunch, door prizes and more. This year's keynote speak

er is Grape Growers of Ontario CEO and regional councillor Debbie Zimmerman. The event will be held at

the Clarion Hotel and Conference Centre, 1485. Garrison Rd., Fort Erie. Tickets are \$40 for Chamber members and \$45 for non-members. For more information call Karen Audet at 905-871-3803 or e-mail info@forterlecham-

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NOTICE OF PUBLIC MEETING REGARDING DEVELOPMENT CHARGES

Take notice that on Tuesday, February 18*, 2014, the Council of the Town of Fort Erie will hold a public meeting pursuant to *The Development Charges Act*, 1997, regarding proposed development charge rates and policies that will be applied throughout the Town. It is proposed that enactment of a development charges by-law by Council would occur on a date subsequent to the public meeting.

Development charges are levied against new development, and are a primary source of funding for growth-related capital expenditures. The 2014 Development Charges Background Study relates to the provision of all eligible DC Services (i.e. – Library, Fire, Parks and Recreation, Public Works, Administration, Roads, Storm Water, Water and Wasteward.

Council is required under *The Development Charges Act, 1997*, to hold at least one public meeting to allow the public the opportunity to review and provide comments on the 2014 Development Charges Background Study, related staff reports and the proposed development charges by-law.

All interested parties are invited to attend the public meeting:

Date: Tuesday, February 18, 2014

Time: 7:00 PM

Time: 7:00 PW

Location: Council Chambers, Town Hall, Town of Fort Erie,

1 Municipal Centre Drive, ON

Any person may attend the public meeting and make written or verbat representation either in support of or in opposition to the by-law. Written submissions are invited and should be directed to Carolyn Kett, Town Clerk (celetr@lorderico.nca) no later than 12-00 noon on Wednesday February 12, 2014. Written comments received prior to the meeting and submissions made at the public meeting will be considered by Council prior to the enactment of a new development charges by-law.

Technical inquiries should be directed to Helen Chamberlain, Director of Financial Services/Treasurer at 905-871-1600 x2300 or hchamberlain@forterie.on.ca

Copies of the 2014 Development Charges Background Study and the proposed development charges by-law will be available through the Town's website www.town.forterie.ca on February 4, 2014, or earlier.

DATED AT the Town of Fort Erie this 23rd day of January, 2014. Carolyn Kett, Town Clerk

BY-LAW TO ADOPT 2014 GENERAL LEVY OPERATING AND CAPITAL BUDGET

TAKE NOTICE that pursuant to Section 291 of the Municipal Act, 2001 and Town of Fort Erie Public Notice Policy By-law No. 206-07 the Municipal Council of the Town of Fort Erie intends to consider a by-law at its meeting of Monday, February 10, 2014 to adout the 2014 General Lew Operating and Capital Budget.

For more information please go to the Town's website at www.forterie.on.ca under the 2014 Budget banner. Further enquiries should be directed to Jonathan Janzen, Interim Director of Financial Services at ext. 2307 (jjanzen@forterie.on.ca).

Any person interested in appearing before Council as a delegation at the aforesaid Council Meeting to address the proposed by-law must register with the Clark's Office by 3:00 p.m. Thursday, February 6, 2014 (905-671-1600 ext. 2280/2212). Written Comments will also be resolved by the underlighed up to 3:000 p.m. Thursday, February 6, 2014 before for mail called not hand delibers.

> Carolyn J. Kett, Town Clerk Email: ckett@forterie.on.ca



Director, Financial Services/Treasurer

Reporting to the Chief Administrative Officer, you will oversee the Town's financial radian and perform the statutory duties of Treasure With the energy and enthusiasm to lead, motivate and manage a multi-faceted business unit you will steward the development and implementation of our \$40 million operating and capital budgets. As a secuelent communicator, you will provide strategic and operational advice to council and other senior managers and maintain effective relations with boards, agencies and other state/holders. In addition to your university degree and professional designation in accounting or finance, you have at least seven years senior leadership experience and applied knowledge of strategic business planning, municipal legislation, best practices and Valltech, RescalVFMW and AccPac. A more detailed description is exercised to whether the control of the professional detailed description is existable on our website.

Fort Erie...a Town proud of its past, excited about today and building for tomorrow

Submit a cleation resume by MOON local time on WEBNESDAY, ERBRUART 19, 2014 to Connection By 0,1-2014, Manual Resources, form of Fire fit. In Maniquia centre Druke, Fort Eric, 00, LQA 205. Face 905 97 4022 email: Intellet-Workeric acca, MIS Works, OpenOffice or got, More Information is emabled to Warnshorderic acca, Edit on Tome Hall, the Improprient Opportunities, Only candidates satisfact for an interview will be contacted. The evaluation process may include a procedul assessment in resource information is contacted under the Managerial 45, 2004 to determine employment satisfacting. The Drum of Fort Eric is an equal opportunity employer. Accommodation is swillable to conditions com neurals.

THE TOWN OF FORT ERIE

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SERVE YOUR COMMUNITY ON A BOARD OR COMMITTEE

Here is another opportunity to lend your time and talents to your community. The Town of Fort Erie is served not only by elected officials but by volunteers as well through appointment to its various boards and committees.

The Town is looking to attract people who have an interest in contributing to their community. Vacancies currently exist on the following boards and committees:

BARRIER FREE Accessibility Advisory Committee Two (2) Vacancies









ZOOMERS 50+ Senior Citizens Advisory Committee Two (2) Vacancies

For more information on these boards and committees, please see By-laws establishing each of the boards/committees at the Town's website: www.forterle.on.ca under Town Hall "C" for "Committees.

We look forward to receiving your application by Wednesday, February 12, 2014 by 4:00 p.m. Applications are available:

- On the Town's website www.forterie.on.ca under Public Notices Board and Committee Vacancies, or from the Clerk's Office.
- Or you can submit a letter setting out relevant background information.

Submissions will be accepted by the Clerk via:

- 1 Fmail: ckett@forterie on ca
- 2. Mail: Town of Fort Erie, 1 Municipal Centre Drive, Fort Erie, ON L2A 2S6
- 3. Hand delivery to the Customer Service Desk, Town Hall
- 4. Fax: 905-871-4022

Cheryl Watson, Legislative Assistant, welcomes enquiries at 905-871-1600 ext. 2212 or email: cwatson@forterie.on.ca

This information is being collected pursuant to the Municipal Freedom of Information and Protection of Privacy Act and will be used to select persons for appointments to Town of Fort Erie boards and committees. A public open ballot process is used when an election is required to select an appointee. The ballots are public documents.

Carolyn J. Kett. Town Clerk. Town of Fort Erie

Meet the political candidates for upcoming by election

Times Staff

didates vying to become the Niagara Falls riding's next Member of Provincial

The Greater Fort Erie Chamber of Commerce is hosting an All Candidates

the Clarion Hotel and Conference Centre in Fort

Candidates include Progressive Conservative candidate Bart Mayes, Green Party candidate Clarke date Iovce Morocco and New Democratic Party candidate Wayne Gates. The candidates will be available to greet the public at 6 p.m., followed by a question and answer period at 7 p.m. Ouestions to the candi-

by Feb. 3 at 9 a.m. Questions can be mailed to the Greater Fort Erie Chamber of Commerce, 660 Garrison Rd., Unit 1, Fort Erie, L2A 6E2, Ouestions can also be submitted by e-mail to info@ forteriechamber.com or by fax at 905-871-1561.



dates must be pre-submitted THE TOWN OF FORT ERIE

Municipal Centre Drive, Fort Erie, ON, L2A 2S6 (905) 071-1800 * Fax (505) 071-4022 * www.fsrinds.or.ga EMERGENCY TELEPHONE INFORMATION 905-871-1800 RADIO EMERGENCY INFORMATION 91.7 FM - 105.7 FM - 810 AM





OVERNIGHT WINTER PARKING ON STREETS

ATTENTION ALL MOTORISTS: In an effort to keep the streets free of vehicles during the winter months for snowplowing and sanding operations, residents are reminded that no overnight parking is permitted.

Traffic By-law No. 2000-89. Section 205 provides that "No person shall park a vehicle or permit a vehicle to remain parked" on any street in Town "between the hours of 2:00 a.m. and 7:00 a.m. between November 1, 2013 and March 31, 2014."

The Town's By-law Enforcement Officers will be exercising vigilant enforcement of By-law No. 2000-89. Your vehicle will be issued a parking ticket and could be towed, at your expense, if found in violation of the by-law.

Enquiries may be directed to the Town's By-law Enforcement Officers by calling (905) 871-1600, Extension 2216 (Geoff Stephenson) or Extension 2215 (Matt Richardson).

Submit a detailed resume by Noon local time on Friday, Occember 13, 2013 to: Competition No. 25-2013. Human Resources, Town of Fort Erie, 1 Municipal Centre Orive, Fort Erie, ON, L2A 2S6, Fax: 905 871 4022, email: tmather@forterie.on.ca (MS Word, OpenOffice or pdf). More information is available @ www.town.forterie.on.ca under Town Hall. Candidates selected for an interview will be contacted. The evaluation process may include a practical assessment, Personal information is collected under the Municipal Act, 2001 to determine employment suitability. The Town of Fort Erie is an equal opportunity employer. Accommodation is available to candidates upon request.











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LARRY BOGGIO

Pharmacists TREATMENT OF "PINK EYE"

Pharmacists get many questions about how to treat "pink eye", also known as infectious conjunctivitis. Pink eye can be bacterial or viral. Bacterial pink eye is common in children as they share toys, towels and come in close contact with each other at school and day care. In general however, most cases of pink eye are viral.

Depending on the type of pink eye treatment will differ. Bacterial conjunctivitis can be treated with antibiotic drops. There is no medicinal treatment for viral conjunctivitis.

In 45% to 73% of children with purulent 'pink eye" an ear infection is also present. If the eye has a purulent discharge, swelling and burning, this usually points to a bacterial infection. A mild watery discharge with itching, associated with a concurrent upper

respiratory infection signals viral conjunctivitis.

Both types of infections are generally self-limiting, (they will resolve on their own with out medication). Most types of bacterial conjunctivitis will resolve within eight days. These infections can be treated to speed up recovery and prevent the spread of the infection. Cold and warm compresses can be used as well as a variety of topical antimicrobial agents. POLYSPORIN drops are available over-the-counter and will cover most pathogens causing

Bacterial conjunctivitis is contagious as soon as symptoms are present and for as long as there is discharge from the eye, and continue for one to two days after starting the antibiotic.

bacterial conjunctivitis. Other prescription eye drops are also available

With viral conjunctivitis compresses are about the only treatment available. If one eye is involved the other eye will become infected within days in about half the cases. Symptoms may worsen for a few days slowly improving over one to two weeks. This

condition is contagious before the appearance of symptoms and as long as symptoms last. If you wear non-disposable contact lenses clean them thoroughly and buy a new storage case. Disposable lenses should be thrown away. Glasses should be worn for the

duration of the infection. If you use other drops for treating conditions like glaucoma you should replace these to avoid inadvertent contamination. To prevent the spread of infection practice good hygiene, washing hands and towels of the infected person.

If you are having trouble with your child's school you can ask the pharmacy for an explanatory note. This helps clear up any misconceptions they may have reparding the treatment that is necessary, and steps that need to be taken to prevent the spread of the

Please contact your pharmacy or doctor if you have any further questions regarding

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www.boggios.com



SARAH FERGUSON Fort Erie Times Our Lady of Victory Catholic Elementary School students invite the public to attend a pasta dinner and dance

at the school this Friday to raise funds for year-end trips. The dinner will and dance will be held from 6 p.m. to 9 p.m. For more information call OLV at 905-871-3092

Fundraiser supports trips for OLV students

Sarah Ferguson Fort Erie Times

Enjoy a night out to help support Our Lady of Victory Catholic Elementary School students.

OLV is hosting a pasta dinner and dance on Friday, Jan. 31 to raise funds for the students' yearend trips, said teacher Alana Somerville

The dinner and dance will be held at the school from 6 p.m. to 9 p.m. with take-out offered from 3:30 to 5:30 p.m. "The money raised from the

pasta night will go toward purchasing prizes that the students will raffle off to help them raise money for their year-end trips." Somerville said.

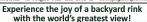
This year, Somerville said the Grade 7 and 8 students will go camping at Camp Medeva in Haliburton Younger grades will visit local

destinations such as Marineland in Niagara Falls and Zooz in Stevensville.

Somerville said a cash bar and rizes are available. Tickets are \$15 each and includes pasta. salad, bread and dessert. After dinner, Educated Guess, a band of teachers within the Niagara Catholic District School Board. will perform live music.

For more information about the event call OLV at 905-871-

sarah.ferguson@sunmedia.ca





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Local author releases new historical book

Farl Plato launches new hook at Fort Erie Historical Museum

Sarah Ferguson Fort Erie Times

There's nothing Earl Plato loves more than to share the stories of people who lived a long time ago.

"I've got ideas all the time." the Fort Erie resident said. Plato has written a number of historical books including An Early and Local History of Fort Erie and Niagara and The Siege of Fort Erie 1814: The

Destroyer. His newest novel, The Wintemute Warriors, tells the story of Philip Wintemute and his five sons. Readers can follow the Wintemutes' sarah.ferjourney from Palatinate, guson@ Germany as they fled from sunmereligious persecution and dia.ca settled in America. The Wintemutes served in Butlers Rangers and fought for the Crown during the

The Fort Erie resident decided to write about the Wintemutes' history because of his ties to the Wintemute family.

"My wife Elaine is a descendantoftheWintemute family as her grandfather was a Wintemute," he said. Plato will be at the Fort

Erie Historical Museum in Ridgeway on Sunday, Feb. 16 to launch his new book. Plato's other novels will also be available for purchase

to 3 p.m. F o r more informa tion, call

the Fort Erie Historical Museum at 905-894-5322

and signing from 1:30 p.m. What: Launches his new book, the Wintemute Warriors Where: The Fort Erie Historical

SARAH FERGUSON Fort Erie Times

Who: Earl Plate

When: Sunday, Feb. 16 from 1:30 p.m. to 3 p.m.

Museum, 402 Ridge Rd., Ridgeway. Why: To share his passion for history and story telling.

> Fort Erie resident Earl Plato will launch his new book, The Wintemute Warriors, and autograph copies at the Fort Erie Historical Museum in Ridgeway on Feb. 16 from 1:30 p.m. to 3 p.m.

Who will be selected for Fort Eric Time's 1st Annual Volunteer Recognition Awards?

- 1. Work with Seniors
- 2. Work with Youth
- 3. Historical Contribution
- 4. Cultural (Arts, Music, etc.) 5. Protecting the Environment
- 6. Education 7. Sports and Recreation 8. Safety 9. Service Clubs
- Fort Erie Times. Simply complete the nomination form, submitting the volunteer's name in one of the following categories:

We're extremely proud of the contributions volunteers make to our community. We all know many of these often unsung heroes who add

so much to the quality of life in Greater Fort Erie - let's put their names

forward for official recognition by the The Fort Erie Time's and its Readers and the Citizens of Greater Fort Erie in a special section in the

- 10. Working with those with
 - Special Needs
 - 11. Volunteers under 21
 - 12. Community Events

In addition to the 12 categories listed, if you wish to submit a new category for recognition please submit the category and we will give it consideration to be added to the list. All names submitted must include a letter of supporting information stating why your nominee should win. Nominations will be gathered by the Fort Erie Times to be forwarded to the selection committee. One volunteer in each category will be selected to be honoured by the the Fort Erie Times at a special ceremony and will be profiled in the Fort Erie times.

VOLUNTEER RECOGNITION AWARDS NOMINATION FORM

I wish to nominate: Category #:

Phone #: Submitted by: (and phone #)

Complete the nomination form along with a brief note outlining the

nominee's contribution by FRIDAY FEBRUARY 718 2014 Mail, fax, phone, e-mail or drop off your nominations to The

Fort Erie Times 450 Garrison Road, Fort Erie Ontario L2A 1N2 or E-Mail myra.robertson@sunmedia.ca

Selected volunteers must agree to appear in a special feature story or another nominee will be selected. Nominations are limited to people who live in the

Yown of Greater Fort Erie Area

Presented by

Fort Erie Times

Nomination Deadline Friday February 7th 2014

Wizards-in-training



SARAH FERGUSON Fort Frie Times

From left, Wizards-in-training Francesco Pollino, 10, and Nolan Haberly, 10, visited the Fort Erie Public Library last Thursday to participate in the Harry Potter Club. They made Harry Potter inspired glasses and received their train tickets to Hogwarts. The program runs Feb. 18 at the Crystal Ridge

branch and Feb. 19 at the Centennial branch. More members are encouraged to join as club organizer Laura Martin hopes to host a Quidditch match.



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prvices. Be sure to check this before booking an appointment so you're not stuck paying for the medical tests it you don't have r hearing center is located at 690 Garrison Rd., Ualt 12, and tur hours are N-F, Sam-Spen. Most major insurance accepted esse voit our website at www.hearagandinics.com

P.S. People seffering from chronic our disease, which is often associated with drainage from the ear canal, may not be able to use a conventional air conduction hearing instrument, in which case a







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L May 29, 1999 Andrea Horwath told the Hamilton Spectator she did not support slots at racetracks

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On February 13, VOTE for Bart Maves.

ONTARIOVPC

Review of west end schools continues

Jennifer Chomley Special to The Times

Accommodation An Review Committee has named five potential options to decide the fate of three West Fort Erie Schools.

The ARC committee met at Bertie Public School on Ian, 16 to review the options for the Ridgeway Public School, Crystal Beach Public School and Bertie Public School

Members of the ARC committee consist of representatives from area schools. District School Board of Niagara and the municipality. The group performs an in-depth study and then provides recommendations to guide the DSBN trustees in their final decision regarding accommodation

The first of five options is to build a new school on town-owned lands at Rebstock Rd, backing onto Crystal Ridge Park. The second option is to consolidate the three schools and move students into Ridgeway-Crystal Beach High School for September

ARC committee member Jessica Schmitt, a school council representative from Bertie Public School disanproved of consolidating all three schools into RCBHS. "This is a what-if option.

based upon what if Fort Erie is granted funding for a new high school," Schmitt said. "Plus, it will be an extra year longer to take for them to move in due to the renovations that need to be made. It just isn't feasible," she

Schmitt said some parents might question why money was put into renovating an outdated school, rather than investing in a new building. The District School Board of Niagara recommended

added

building additions at either Ridgeway Public School or Bertie Public School, both in time for September 2016. Iennifer O'Connor, a school council representa-

tive from Ridgeway Public School, didn't approve of the option to add an addition to Bertie Public

O'Connor was concerned Bertie Public School didn't have windows in some of its classrooms, which she said has a "huge" impact on stu-

dent education. The newest option introduced at the latest meeting is to demolish Ridgeway Public School and build a new school in its place. The school would consolidate students from all three schools and open in September 2017.

The common benefit to these options is that split grade classrooms would be

The next ARC meeting which is opened to the public is set for Thursday, Jan. 30 at 6 p.m. at Bertie Public School, 3770 Hazel St. in Ridgeway.

For more information and upcoming meeting dates, please visit www. dsbn.org/arc.

Option 1: Build a new school on townowned lands off Rebstock Rd. backing onto Crystal Ridge Park.

The DSBN would purchase adjoining three acres to consolidate the site and the school would open for September

Cost: \$11.5 to \$12.5 million to build. plus an additional \$400,000 to \$500,000 to for site services and \$7 acquisition. Transportation costs would increase by \$18,000 per year due to the need for an additional bus.

Ontion 2: Consolidate Ridgeway. Crystal Beach and Bertie Public Schools into Ridgeway-Crystal Beach High School for September 2018. This option is only available if ministry funding is provided for a new high school

Cost: \$1.8 to 2.0 million for renovations to incorporate accessibility improvements throughout the building and converting secondary spaces into elementary. After five years to 10 years, it is projected an additional \$4 to \$5 million will be needed for facility

Transportation costs would increase by \$36,000 per year due to the need for two additional buses.

Option 3: Consolidate three schools and build an addition at Ridgeway Public School for September 2016.

Cost: \$5.8 million to \$6.3 million to build an addition on to the existing Ridgeway Public School to encompass more parking, new classrooms, learning commons, child care spaces and gymnasium. Transportation costs would increase by \$18,000 per year due to the need for an additional bus.

Option 4: Consolidate three schools and build an addition at Bertie Public School for September 2016.

Cost: Between \$4.8 million to \$5.3 million to build an addition on to the existing Bertie Public School to encompass more parking, childcare spaces, new classrooms, learning commons and gymnasium. Transportation costs would increase by \$36,000 per year due to the need for two additional buses.

Option 5: To demolish Ridgeway Public School and build a new school in its place and consolidate all three schools.

Cost: This option was introduced during the Jan. 16 meeting and would need a full analysis completed by the DSBN to determine the cost.

Niagara Falls by-election. We don't just make voting easy. We make it early.

Advance Polls for the Niagara Falls by-election are open between February 1 and 7, 10AM - 8PM. To vote in this election, you must be:

- 18 years of age or older on February 13
- · a Canadian Citizen, and
- · a resident of the electoral district.

You can vote at any advance poll in your electoral district. To determine if you live in the electoral district, visit our website elections.on.ca or call us at 1.866.511.4711. Don't forget to take your ID and Notice of Registration card when you go to vote. For a list of accepted ID, visit our website or call us at 1.866.511.4711 (TTY: 1.888.292.2312).

Niagara Falls

Returning Office Niagara Square Shopping Centre (near the food court)

7555 Montrose Road, Unit A18, Niagara Falls Open: February 2 - 7

Leisureplex 3 Municipal Centre Drive, Fort Erie Open: February 1 - 6

Crystal Ridge Community Centre 99 Ridge Road South, Ridgeway Open: February 1 - 6

Faith Reformed Church 3605 Black Creek Road, Stevensville Open: February 5 - 7

Niagara-On-The-Lake Community Centre 14 Anderson Lane, Niagara-On-The-Lake Open: February 1 - 6

Chippawa Presbyterian Church 8280 Willoughby Drive, Niagara Falls Open: February 4 - 7

Stamford Estates 3900 Portage Road, Niagara Falls Open: February 1 - 6

St. Andrew's United Church 5645 Morrison Street, Niagara Falls Open: February 3 - 7

Shriner's Creek Co-Op Homes 7887 Thorold Stone Road, Niagara Falls Open: February 1 - 3

Elections Ontario

Nominations needed for senior volunteer awards

Salute to Seniors Contest honours seniors 65 and older

Sarah Ferguson Fort Erie Times

It's time to put a spotlight on seniors that have an important impact on communities across the Niagara region.

Home Instead Senior why they should receive Care, an organization that the award. provides non-medical inhome care for seniors, is asking members of the community to nominate seniors 65 or older who volunteer for more than Salute to Seniors Award. said Denielle Cuoco, managing director of Home Instead Niagara Falls.

Nominations for the Salute to Seniors Contest will be accented from now until March 1, During this time, Cuoco said the public can vote for a senior volunteer nominee by visiting the Salute to Seniors Service Awards website at www.saluteseniorser-

vice.ca. Nominations must include the nominee's name, phone number and information about their volunteer experience and

The nominees in each province who receives the most votes will be selected as a provincial winner. All of the provincial winners will be judged by a panel 15 hours a month for the of judges to determine the national winner.

The national winner will be honoured with a \$5,000 donation to a non-profit

charity of the winner's choice. Provincial winners will receive a \$500 donation to a charity of their choice. The winner of the awards will be announced

in April. Cuoco thinks it is important to recognize volunteers for their hard work and dedication.

"I think everybody likes to be appreciated. They're doing this (volunteering) without an expectation and I think it's important," Cuoco said.

"It says a lot about our communities and that we're taking care of each other and giving back to the community. Nominations can be

submitted online or by mail. Send nominations to Salute Senior Servise, P.O. Box 25 Toronto F. Toronto. Ont., M4Y2L8. sarah,ferguson@sunmedia.ca

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The most frequent cause of tire failure is under-inflation. Even extreme under-inflation can be difficult to detect by mere visual inspection. Don't depend on it, use a personal tire gauge. Under-inflated or overloaded tired gernerate high levels of destructive, internal heat, which could cause tires to blow out. Extreme under-inflation can even unseat the tire from the rim while your vehicle is in motion.

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PRIMEWAY DRIVE WELL AND 905-792-7501

FERRUARY 1

FREE BIRDS Watch Free 8irds at the Fort Erie Public Library Centennial branch. Two turkeys from opposite sides differences and team up to travel back in time to change the course of history and get turkey off the holiday menu for good, 2 p.m.

FEBRUARY 6



Dozens of New Remnants Save over 50% off Retail Prices! 12mm Laminate Armstrong Flexstep Canadian made Carpet Carpet or Vinyl Installed

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LAMMIE Wed. to Friday open at 4:00 p.m.

Saturday and Sunday open at 11:30 a.m. 3878 Erie Rd., Crystal Beach 905-894-9996 www.thecrystalchandelier.com DIANA

Watch Diana at the Fort Erie Public Library Centennial branch. During the last two years of her life, Princess Diana embarks on a final rite of passage: a secret love affair with Pakistani heart surgeon

Hasnat Khan, Starring Naomi Watts, Naveen Andrews, 6 p.m.

FEBRUARY 8

LAND BEFORE TIME at the Fort Erie Public Library Centennial branch. The original in the series: five orphan dinosaurs travel the ruins of their world, while grieving the loss of their families and banding together to face the odds of survival, 2 p.m.

FEBRUARY 8 MADDEN 25 XBOX

tournament at Fort Erie Public Library Centennial branch. 10:30 a.m. Pick your team and get ready for the gridiron. All players must report at 10:30 for bracketing. Pre-registration requested. Free.

FFBRUARY 12 DEPRESSION WORKSHOP

Understand the symptoms of different types of depression.

> 9153, 6 p.m. to 8 p.m. ALZHEIMER'S Q & A Aembers of the Alzheimer's Society share information about Alzheimer's in a non-threatening and non-frightening way. The more we know, the better prepared we can be when we or our loved ones are affected by this life changing condition. Symptoms, treatments, coping for caregivers, 8ring your questions or concerns, Free, Fort Erie Public Library Centennial branch, 7 p.m.

BRUARY

TEEN BOOK GROUP What are you reading? Come chat about the books that are keeping you on the edge of your seat and make some new friends in the Teen Area at the Fort Erie Public Library Centennial branch. Snacks available. Free, 3:30 p.m. AMAZING GRACE

This biography/drama tells the story of William Wilberforce. the great British anti-slavery activist. Working with John Newton, slave ship captain turned repentant priest who penned "Amazing Grace," Prime

Bridges Community Health Centre, Fort Erie, 1485 Garrison Road, For more information call 90S-871-

turned author, Wilberforce fights indifference and opposition determined to keep their exploitation safe. Nevertheless. Wilberforce finds the inspiration in newfound love to rejuvenate the fight with new ideas that would lead to a great victory for social justice, 6:30 p.m.

Minister William Pitt, and Olaudah

Equiano, the erudite former slave

FFBRUARY 14 HAM DINNER

hosted by the Fort Erie Lions Club 5 p.m. to 7 p.m. Lions Seniors Centre, 264 High St., Fort Erie. Adults \$11, children 10 and under

FEBRUARY 19

RESEARCH AND RENOVATE historic homes. Keith Overend presents information on finding out about and fixing historic homes the difference between renovation and restoration, and tips from his years of experience. A joint program with the Sertie Historical Society. Free. Fort Erie Public Library Crystal Ridge branch. 7:30 p.m.

FEBRUARY 25

FREEDOM BOUND Lezlie Harper, former resident and descendant of a freedom seeker who settled in Fort Frie. visits the Fort Erie Public Library to talk about the history of the Underground Railroad in our community and our region. Celebrate black history month with us. Free. Centennial branch, 7 p.m.

FEBRUARY 27

FREEDOM BOUND chat for teens at Fort Erie Public Library Centennial branch's teen lounge. 3:30 p.m. Free.

ONGOING

SOCIAL GROUP

Drop in for a warm beverage and some lively conversation the first and third Tuesday of every month, 10 a.m. to noon, 8ridges Community Health Centre. Fort Erie, 1485 Garrison Rd, No. registration required. For more information call 90S-871-7621. VALENTINE CRAFTS

at Fort Erie Public Library, All ages are invited to drop in for a free Valentine's craft. Stevensville branch: Feb. 13, 2 to S:30 p.m.: Crystal Ridge branch, Feb. 13, 2 to 8:30 p.m.: Centennial branch, Feb. 14, 10:30 a.m. to 4:30 p.m.



ROYAL CANADIAN LEGION

Bingo Volunteers still needed, Saturdays from Noon - 3pm

ATTENTION VETERANS! Looking for information for Military Remembrance Book Please call

289-321-0876 For Hall Rentals Call Tim Morin 905-871-6663

130 Garrison Road, Fort Erie Phone: 905-871-9566 for more information.

MAGIC TREE HOUSE

Read a book about Jack and Annie, do an activity, and collect passport stamps. For Grades 1 and up. \$2 Registration not required Fort Erie Public Library. Crystal Ridge branch: Feb. 4, 4 n.m.: Centennial branch: Feb. 20, 4 p.m.

UPCYCLE SHOP

The Head Injury Association of Fort Erie's River Revival Upcycle Shoppe runs every Saturday from 9 a.m. to 2 p.m. inside the HIAFF office at 649 Niagara Bld. Browse our large selection of gently used clothing, household items, and décor pieces. This new program supports HIAFE in its mission to help individuals and families dealing with acquired brain injuries by involving clients and benefitting the community. Come check out our great bargains for a

terrific causel LEGO CLUB

All ages are invited to join the Make It: Lego Club! Work together with others to create a Lego masterpiecel Parents are encouraged to

stay through the meetings and build with their kids Duplo also available, \$2: no registration. Fort Erie Public Library. Stevensville branch: Feb. 5, 4 p.m.; Centennial branch, Feb. 14, 2:30 p.m.: Crystal Ridge branch: Feb. 22, 2:30 p.m.

GROCERY STORE

Discover how to make healthy food choices. read labels and shop on a budget. Offered by Bridges Community Health Centre Fort Erie, Tours will be schedules based on expressed interest. Call 905-871-7621 for more information.

BORN TO READ

For bables newborn through those about to take their first steps and their parent or caregiver. Bounces, tickles, rhymes, music movement book sharing and more. Participants should bring a small blanket and toy. \$2 per session. Pre-registration not required. Fort Frie Public Library Centennial branch.

Thursdays, 1:30 p.m. READY TO READ Join us for reading, writing, talking, singing and playing - the five fundamental skills that get children Ready to Read! For children ages 1.5 and up. \$2 per session. Pre-Registration not required. Fort Erie Public Library. Centennial branch. Tuesdays, 10:30 a.m.; Crystal Ridge branch, Wednesdays,

10:30 a.m. DIABETES HOT TOPICS Topics to help people self-

manage their diabetes. Feb. 5. 3 p.m. to 4 p.m., Your Eves and Diabetes, Optometrist Dr. Dube: March 6, 3 p.m. to 4 p.m., Dental Care and Diabetes, with dental hygienist, Nancy Pierce. Call Bridges Community Health Centre Fort Erie at 905-871-7621 for more information.

BRAIN EMPOWERING

Team support group for individuals with chronic health conditions, survivors of stroke, those with neurological impairments and volunteers. Weekly meetings in Fort Erie include speakers reading about health issues and discussions New members welcome. Call 905-871-7510 or 905-871-

3048 NIAGARA ACTION

For Animals Bazaar every 5aturday and 5unday and statutory holiday from 9 a.m. to 6 p.m. at the County Fair Mall, Proceeds to benefit local animals in need For more information call Patricia Navlor at 905-

871-7493. ALZHEIMER'S SOCIETY

of Niagara Region support groups for care partners meet the first Tuesday of the month, 1:30 p.m. to 3 p.m. at Welland Community Wellness Complex, and second Wednesday of the month, same time, at Fover Richelieu. For information. call 905-687-3914.

ACAPELLA NIAGARA

Men's Chorus invites singers for fun, fellowship and fabulous four-part harmony at Welland Community Wellness Complex, 145 Lincoln St., on Tuesday nights at 7:30 p.m. For info call Kerry at 289-820-6584. INFERTILITY SUPPORT Individuals looking for a

support group can find

help. Niagara meetings are held the first Wednesday of each month at 6:30 p.m. for anyone experiencing primary infertility. Call or

text 289-821-4606 or e-mail infertilityniagara@hotmail. com for location or more information. CHRONIC PAIN

Learn and use new coping tools or strategies for managing your chronic pain. Feb. 19 to April 2, 1:30 p.m. to 3:30 pm. Bridges Community Health Centre. Fort Frie 1485 Garrison Road. For more information

QUIT SMOKING

call 905-871-7621.

A two-week workshop to help you guit smoking. including a five week supply of free nicotine replacement therapy available to eligible participants, Feb. 3, 6 p.m. to 7:30 p.m. Bridges Community Health Centre, Fort Erie, 1485 Garrison Road. For more information call 905-871-7621.

KNITTING

Want to learn to knit or practice knitting? Ages 8-14 years old. Free in

partnership with the Bowen Road Women's Institute. All materials are supplied. Fort Erie Public Library Crystal Ridge branch. Thursdays, 6:30 p.m.

LITERACY SKILLS

Niagara Regional Council assists adults in improving their reading, writing, grammar, math, spelling and computer skills and provides GED preparation and readiness for work programs. Our literacy and essential skills programs are free of charge and can be done through one-on-one tutoring or small group classes. Located at 3 Great Western 5t., attached to the 5t. Catharines Via train station. Call Pat at 905-687-8299 for more information.

PARENT NETWORKING

A monthly support group for caregivers of children. youth or adults with autism. a developmental disability, or mental health issues held the last Wednesday of the month. 6 p.m. to 8 p.m. Bridges Community Health Centre, Fort Erie, 1485 Garrison Rd. Call 905-871-7621 for more information.

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AUCTION DAY:

SUNDAY FEBRUARY 9TH, 2014

TIME: DOORS OPEN AT 12NOON ALICTION REGINS AT 1PM FOR OPEN HOUSE VIEWING SCHEDULE & FULL DETAILS PLEASE EMAIL INQUIRE TO propertyauctions27@vahoo.ca PLEASE NOTE: for your convienience for those who may not be available

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and for giving such great health advice. A brick for IEWELLER

developers A brick for developers who buy up small lots, knowing they are not big enough to build houses on and then ask for a change in the bylaws to suit their plans for making a large profit. And, to endanger

mature trees in the

process is just

wrong. There is no

shortage of housing

in Fort Erie and there are plenty of lots available where you won't be disturbing anybody or upsetting the neighbour-

hood. A brick for a brick giver A brick for the person who threw a brick to me in last week's paper. In a previous

edition of Bricks and Bouquets I had a brick for a dog owner who left his or her dog outside in the cold. Someone threw a brick to me and said shame on me for not calling the SPCA. For your information, the SPCA was alerted.

GOLDWELL

Joe Infurna

told that was enough. Unfortunately we cannot make people love their animals and treat them right. Shame on you for thinking I did not call the SPCA.

> Brick for dog owner A brick to a dog owner who lets his dog escape through a hole in a fence. Your dog is getting out of your yard and running on the street and in other peoples' yards. I'm afraid he's going to get hit by a car. I think you should fix the fence. You've been made aware of it. Your neighbours have warned you and you've done nothing. It's a shame.



grandparents who are setting a bad example to the young people of this day. You are not teaching them to be

polite or to smile. You're practicing all of these negative things in your home like talking about people, putting people down and when your children see these people,

they don't know how to act toward them. Your corand their differ-

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SARAH FERGUSON Fort Erie Times

From left, Therapy and Alternatives for Special Children and Adults with Disabilities president Nancy Kacur. TASC member Nathan Kacur, Donny Edwards, Larry Bogglo and Nancy Bogglo encourage the public to donate spare change to help purchase a new ramp for TASC's performing arts program. Donations may be dropped off at Boggio and Edwards IDA Pharmacy in Ridgeway and Boggio IDA Pharmacy in Port Colborne.

Business owners ramp up fundraiser for TASC Donny Edwards of

Time Staff

Local business owners are ramping up a fundraiser for Therapy and Alternatives for Special Children and Adults with

Boggio and Edwards IDA Pharmacy in Ridgeway and Larry Boggio of Boggio IDA Pharmacy in Port Colborne are helping TASC to raise funds for a ramp for the organiza-

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We believe In a

CAREFUL"

Philosophy

tion's performing arts program. The ramp, which costs about \$8,000, will be used for TASC's practises and their performance set for April 4 and 5 at the Crystal Ridge Community Centre

This is the fourth year that TASC has put on performances in which all of the performers have disabilities. A makeshiftramp has been used in the past to have equal access to the stage for all of the performers. The ramp has become

increasingly unsafe for both performers and volunteers

Performances have taken place in Ridgeway and Port Colborne and TASC would like to be able to perform in other venues but access to a stage is a barrier for performers that require wheelchairs and walkers

After much research. TASC was able to find a company that makes portable ramps that will allow all to have safe access to

the stage The portability of the ramp will also allow TASC to have use of the ramp in other settings so performers can use any stage. TASC has been able to

raise almost \$4000 towards the purchase of the ramp. Edwards and Boggio have stepped in to hel, offering donation boxes at their pharmacies in Ridgeway and Port Colhorne

Every \$1 donated will be matched dollar for dollar by Boggio and Edwards.



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Ask a Mental Health Therapist

What is Cognitive Behavioural Therapy?

Or Cognitive Bubmissoud Tercopy (CST) is a pye of uncertain theorys alone a giving people to to identify and solve their poliums. In single products, it is under the others are a giving people to the identify the complex despite that make it follows to change behaviors. It has been a clearlined purposes and it is used in metal back in the extenses of it has been a clearlined by process and it is used in metal back in the extenses of it has been a clearlined by process and it is used in metal back in the extenses of it has been a clearlined by process and it is used in metal back in the extenses of its own and it is used in metal back in the extenses of its own and internal control of their propious rather than the yrappene controlling them. The restances is offered on a 1 to 1 basis or it as grow from the year-detected CBT.



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ASK THE EXPERT



El hos a quartificand hos for elitable, energy and discratification and you obtained. Note and also paramete second:

It illustrate point and parameter second, in darry peache it cause for the parameter of the

Steve Helwig by contacting preliminary impairies to detection whether to start your business or re-think your idea. Act for feedback from tricads and family. Talk with potential curioness or supplens, compains surveys, and explain the compation. It is essential to amount a much bechromould and supporting material or contact by demonstrate the sensets of your business.



ASK THE HAIR STYLIST Q: How do I prepare for my first color visit? At Come with clean dry hair, if the hair is dirty the color my not take as well, colors are much more gentle now than they use to be. Bring lots of

photos if you have an exact lefe of what you want your hair to look like. If the splict says it will fir your hair, likes. Remember your hab has limited to do not have into lives Big color changes should be made every 4-6 months and color took regue to leeve 1-6 levels. If you want a 6 fifth and color took regue to level to 1-9 would be fifth and color took regue to level to 1-9 would be fifthen at color change every 6-8 weeks, your hair will become duranged and lass likely to take the color properly. Count on the products we use on you. There is no wish and wear hair-do without renderic use with we use.



Ask The Accountant

How do I determine the value of my business?

There are many different methods used to value a business. These are the four most commonly used methods of valuing a business. The type of business that you are selling, or buying will determine which method will work best for you.

- The four methods are:

 Famines and/or cash flow method
- Earnings and/or cash flow method
 Asset based valuation
 Rule of thumb valuation
- Comparable sales approach

Valuing a business can be quite involved and should be done by someone with experience with the assistance of a good lawyer.



crawford smith & swallow Chartered Accountants LLP 76 Jarvis Street, Fort Erie, Ontario 905-871-2610



We talked with people who said they were working with your funeral home selling prearranged funerals. Do you hire outside companies to do this?

A No, absolutely not. Only licensed funeral directors employed with our flims, who have been with us for many years will discuss funeral services with you. We never hire others to represent us and invite you to contact us for information you can be confident is accurate.

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Rachel Paura is our Fort Frie Times' Carrier of the Month for Jenuery 2014.

Thanks Rachel for a job well done! For her exceptional efforts, she has re-

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2 Ground floor 2 bdrm apts eveil Feb 1, 106 Murray St., Ft Erie \$900 & \$950 all inclu-sive. Laundry room & hookups. Stove, findge, 5 mm. walk to river, BACHELOR 442 Ridge Rd. \$500 + elec. Fridge, stove incl. First & st 905,871,2020



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Caring Petite attractive lady seeking senior ladies or gents (70 plus) to share mutual interests. Love family leughter, nature hiking, enimels, music, dancing end much more. Sincere responses only please. Re-ply c/o Box "B" Fort Erie Times, Ontario L2A 1N2

Cards of Thank

Cards of Thanks

A Special Thank You and sincere appreciation to the many wonderful people who showed their support and kindness in the loss of my deer end kindness in the loss of my deer end deeply loved partner and companion Bob Stevenson who shared his life with me for the past 19 years. Thank you for the numerous consoling phone calls, cards, smalls, Mass cards and on-line condolences. Special Thank You also concolences. Special Fnank You also to Anna Conaught for being so kind to Bob, the CCAC end wound cere nurses, for their dedicated care as well to Judy and Jane at the Lion's Seniors building for ell your help.

Bob was a kind and caring man end will be missed not only by myself but my entire family as he was always at all our femily celebrations. So many loving memories he left behind. Joyce Lea

Jones

The family of the late Charles Jones wish to express sincere appreciation to friends for their kindness and support during their recent loss of a belove husband, brother-in-law and uncle. Thank you for your comforting words, flor-

Thank you for your comforing words, flor-al arrangements, sympethy cards, oriline condolences, mass cards and donations in Charlies memory. A special thank you to Father Finley end Father Weeck, co-celebrants of Charlies funeral mass, to Darren and his staff at Benner's Euneal Home, end to Rocco and his staff at Bridgowater Country Club. Thereas Jones, Emily Nandy, and nieces Anne (Bouchard), Beth (Serada) and Mary (Smith).

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Marking your milestones. Obituaries



DIKENS-JOPP, Maria (Ria) - Born July 30, 1937, Marie passed eway peacefully et the Douglas Memorial Hospital on January 25, 2014. Beloved mother of Jemes Charles Jopp, dear grandma of Autumn (Paul) and Darren and great-grandma to Grayson and Hedley. Cherished sister of Andrew (Rosalind), Florence (Hank) and Rev. Dolly. She will be fondly remembered by her many nieces and nephews and from her meny friends she made during her long-time employment at Peace Bridg Brokerage. BENNER FUNERA FUNERAL SERVICES, 1105 Benner Ave., Fort Erie entrusted with arrangements. Private Femily Services. If so desired, donetions to the Lung Association would be appreciated by the family.

GALIPEAU, Mary Ethel (nee: Croxall) - On Wednesday January 22, 2014 in her 84th year Mary Ethel Galipeau passed away peacefully in her sleep at Douglas Memorial Hospital in Fort Erie Ontario. Mary, born in Orillia Ontario May 5, 1929 was the daughter of the late Victor Croxall end Ethel (nee: Clerk) end stendaughter to Hazel (nee: Stacey). She is survived by siblings Jean and William and predeceased by Brothers Vernon (Sonny), Clark (Toots), Harmon, James and Sister Joen. Mery is survived by her loving husband of 65 years Lawrence Albert Gelipeeu of Sturgeon Falls Onterio; her son Robert, his wife Deborah (nee: Kerr) of Toronto; her son Richard, his wife Barbara (nee: King) of Burlington; and predher late daughter-in-law Carolyn (nee: Scele). Mery deerly loved her grandchildren: Julie, Natasha, Kirrena, Erik, late grandson Paul and great-Benjamin and WILLIAMS FUNERAL SERVICES, 722 Ridge Rd. N, Ridgeway entrusted with arrangements. Visitation was held on Mondey Jenuery 27th from 1 pm until service time at 2 o'clock in the Williams Chapel. Reception followed. The family requests that donations be made to the Heart and Stroke Foundation in Ileu of



HUTTON, Dennis "Denny" - After a courageous battle. Denny pessed with dignity surrounded by the love of his family and friends et home on Januery 24th, 2014 at the age of 69. Loving husband of Carol (nee Awre). Proud father to Sean (Traci) Hutton end Jennifer (Andreas) Gmoser. Devoted grandfather of Madison & Riley Hutton end Emmeh & Noeh Gmoser. He will be sadly missed by his brother Dave (Barb) Hutton and sister Sandy (the late Mickey) McDermott. Also survived by his mother in law Grace Awre and sister in law Sheron (the late Norman) Insley meny nieces and nephews, his extended family end meny wonderful friends. Denny retired after a long and proud tenure with Rich Products BENNER FUNERAL SERVICES, 1105 Benner Ave., Fort Erie entrusted with arrangements. The family received friends on Tuesday Jenuary 28th from 2-4 & 6-9. All that would like to share in a celebration of Denny's life were invited to St. Paul's Anglican Church on Wednesday January 29th at 11 am. If so desired, donations to the Juravinski Cancer Centre or the charity of your choice would be appreciated by the

THEODORIDIS, Constantine "Costa" Costa passed away at the Greater Niagara General Hospital on January 5th, 2014 at the age of 72. Loving husband of Lise and proud father of Chris. Sadly missed by his brother John end his meny friends. BENNER FUNERAL SERVICES, 1105 Benner Ave., Fort Erie entrusted with arrangements. The family will receive friends on Sunday February 2nd from 1 pm until the time of a service to celebrate Costa's life at 2 p.m. If so desired. donations to the Charity of your choice would be appreciated





January 25, 2014. Devoted and loving husbend to Mery for 52 years. Proud fether to his children, Brian (Kathy), Brenda (Scott), and Debble (Mark). Cherished Grandpa to his wonderful grandchildren Kate, Derek, Rebecca, Nicole, Daltrey and Lennon. A special thenks to ell those who have provided care, assistance and prayers to Bob end his femily. As per Bob's wishes, cremation has taken place. A memorial service will take place on Saturday, February 1, 2014 at 11:00 am at St. John's Church, 3837 Netherby, Stevensville, ON. If desired, contributions can be made to the charity of your choice. Arrangements entrusted to NIAGARA FUNERAL ALTERNATIVES. 905-894-0120.





Cremations and Burials Remembrance Takes Thought.

Not Expense Jerome I. O'Charchin, Funeral Director

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Marking your milestones.

Park Lodge in his 93rd year, devoted and

beloved husband for over 70 years to the

late Doris Lily Woodward. After serving our

country as Chief Patty Officer in the Royal

Canadian Navy and on loan to the Royal

British Navy during WWII, Eric relocated

to Fort Erie where he was employed by

CNR until his retirement in 1983. Born in

Dartford, Kent, England, he was the only

surviving son of the late Sidney George

Claringbold May and the late Elizabeth

Webb May. Always a hobbyist, Eric was

wall known for his winamaking axpartisa

both as a science and a social event. We

are grateful for his service to his country

and for being the love of our mother's life

and always being there for his children.

Linda (Kan) Buildar of Florida, Stava

(Cathy) of Fort Erie, Beth (Larry) Donohue

of Alberta as well as 7 grandchildren and

7 great-grandchildren. Local family include

grandsons Christopher (and daughter Elissa) and Scott May. The family is grateful

to Dr. Che for his exemplary care and to the wondarful caring staff at Garrison Place

where Eric was very happy and content for

several years and to the wonderful caring staff at Maple Park Lodge where he spent

his last several months. Many thanks to

Jaroma and Patrick of NIAGARA FUNERAL ALTERNATIVES. A memorial



van der GRINTEN, Gordon Ludwig -Born February 9 1935 Gord passed away January 27, 2014, peacefully at home surrounded by his wife of 55 years and his family. Loving husband to Pauline (Bolleau), proud father of Tammy Hamilton (friend Ernie Smith), Gord Jr, (Carol) van dar Grintan and Kally (Chat) Popadziuk. Admired and loved by his grandchildren, Alexander, Matthew (Siobhan), Lindsay, Erika, Mitchell, Kyle and Tristan. Also survived by his sisters in law, Grata van dar Grintan and Claira (Jerry) Falcinoni, by nieces, nephews and many wondarful friands. Predaceasad by his brother Fred. A member of Saint Michael's Parish, a 4th degree Knight of Columbus, he served 2 terms on the Fort Erie town council, Gord sold Sunnibilt & Colonial Homas and drova school bus for the W.C.S.S Board for 30 years. Always a smila, a wave and a joke to be told, a friend to many BENNER FUNERAL SERVICES.

1105 Benner Ave., Fort Erie entrusted with

arrangements. The family will receive

friends on Friday January 31st, from 2-4 &

7-9. Funaral Mass will be calabrated on

Saturday morning at 11 o'clock at St. Michael's Roman Catholic Church. If so

desired donations can be made to the

Canadian Cancer Society or Saint Vincent



YOUNG, Patrick Franklin - Pagcafully at Douglas Memorial Hospital, Fort Erie on Monday, January 27, 2014 in his 83rd year. Beloved husband for 59 years to the late Marion Young (2013). Dear father and best friend of Patti (Rick) Kenworthy, Dava. (Dawn) Young and Darrel (Denise) Young. Adored grandpa to Ryan (Maghan), Jason (Ashley), Kevin (Liza), Jeff (Judy) Trevor, Thomas and Katle and 5 grea grandchildren. He was always "Uncle Pat" to his extended family in Leamington and Smithvilla. Also survivad by his brothar-inlaw Marvin Dickson and sisters-in-law Sharon and Batty Dickson. Ha will be missed by her special family friend, Roger Lazak. We always said he had 9 lives and he lived them to the fullest being a tower of strength until the end, "Until we meet again." A spacial thank you to Dr. Cha and the very special nurses at Douglas Memorial Hospital. Funeral arrangements entrusted to Williams Funeral Services, Ridgeway. Private family services will be









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6-3 decision ends in favour of Meteors

Collin Stachura

Special to The Times

Fort Erie Meteors' Austin Carroll scored the final goal of the night, sealing a 6-3 victory overthe Buffalo Regals Saturday at the Fort Erie Leisureplex.

at the Fort Erie Leisureplex.

The Meteors were looking for back-to-back wins Saturday, after they defeated the Port Colborne Pirates 9-4 Friday night on the road.

Saturday's win brings the Meteors' record to 4-0 in their series with Buffalo.

With less than 10 games left in the regular season, assistant coach Terry McNeil sald the Meteors continue to work on their fundamental skills.

their fundamental skills.
"We are working on the little things and fine tuning," he said.
Buffalo's Taggart Ledyard

was the first to strike with the only goal in the first period. The second period was all Meteors scoring, with two back-to-back goals scored by Carson Johnstone. Braden Kavaratzis and Mike Boles added two more goals to the

scoreboard for the Meteors. Nicholas Matos and Matthew Schumate scored singles for

The third period saw the Meteors pick up a pair of goals scored by Jared Marino and Carroll. McNeil said the "playing

field is now open when it comes to the playoffs' and any of the teams in the Greater Ontario Junior Hockey League's Golden Horseshoe Conference can move forward as long as they continue to win.

The Meteors have the support, even from their past teammates like Nik Passero. Passero, who has gone on to play for the London Nationals,

play for the London Nationals, talks to his old teammates almost every day through social media, McNeil said.

The Meteors will hit the road tonight to play the

road tonight to play the Ancaster Avalanche with game time scheduled for 7:30 p.m. The Junior Bs will return the favour and host Ancaster Saturday night at the Leisureplex. The puck will drop at 7:15 p.m.

Period three

Fort Erie: Jared Marino, 4:33; Austin

SCOTING SUMMARY

Period one

Buffalor Tagger Ledyard, 18-49

Social State of the state of the

COLLIN STACHURA Special to The Times
Carson Johnstone celebrates after scoring his second goal of the night early in
the second period at the Fort Erie Leasureplex Saturday night. The Meteors
defeated the Buffalo Regals 6-3.

STARTING THIS FRIDAY FEBRUARY 7TH





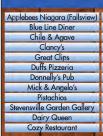
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